

Observer Log

Page #1



NAME OF SWIM Swim Around Manhattan

LOCATION NYC Manhattan

START POINT	START DATE	START TIME
Pier A	July 14, 2026	7:54:40 AM

SWIMMER NAME Caitlin Koppel

SWIMMER DOB 11/29/83

FINISH POINT	FINISH DATE	FINISH TIME
Pier A	July 14, 2026	3:33 PM

RULES FOLLOWED Marathon Swim

7:39:10 unassisted

Time	Stroke Rate per minute	Water Temp (°F/°C)	Air Temp (°F/°C)	Wind Speed kts mph kph Bf	Wind Direction cardinal or (°)	Feeding duration in min	Notes Brief description of the swimmer's physical and mental state or brief description of the nutrition or feeding
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7:54	70	71	74	9	WSW		Pier A photo and video uploaded
8:24							conditions good. Caitlin is strong.
8:15							Brooklyn Bridge. slight increase in chop.
8:18							Manhattan Bridge
8:24	72	70	75	9	WSW	✓1	Jackson Street / East River Park
							40.7083, -73.981 swimming strong
8:54	72	70	78	7	WSW	✓1	United Nations Building - photo + video
							40.7448, -73.9663 EAST RIVER is getting choppy
9:07							59th Street Bridge / Caitlin is good.
9:24	72	70	80	8	WSW	✓2	Till Rock Harlem River is smooth
							40.7791, -73.9407 Caitlin strong
9:40	70	70	82				Randall's Island Bridge
							103rd Street
9:54	70	70	82	8	WSW	✓2	110th Street kayak switch
							40.7901, -73.9321 Caitlin strong

OBSERVER NAME

Michael DWASS

OBSERVER SIGNATURE

Michael Dumas

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Observer Log



NAME OF SWIM Swim Around Manhattan

PAGE #2

LOCATION NYC

START POINT	START DATE	START TIME
Pier A	July 14, 2026	
FINISH POINT	FINISH DATE	FINISH TIME

SWIMMER NAME Caitlin Kappel
 SWIMMER DOB 1/21/83
 RULES FOLLOWED Marathon Swim
unassisted

Time	Stroke Rate per minute	Water Temp °F or °C	Air Temp °F or °C	Wind Speed kts mph kph Bf	Wind Direction cardinal or (°)	Feeding duration in min	Notes Brief description of the swimmer's physical and mental state or brief description of the nutrition or feeding
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10:24	66	72	84	8	WSW		RFK Bridge Tri Bro Bridge - photo + video 40.7981, -73.9283
10:32							✓(2) Feeding 40.8055, -73.9310 caitlin mood
10:44	66	72	84	9	WSW		Park Avenue Bridge is positive 40.8111, -73.9334
10:46							Manhattan Madison Ave Bridge
10:54	66	72	84	9	WSW		145th Street Bridge caitlin pace steady 40.8183, -73.9336
11:04		72	87	9	WSW		✓(2) Macombs Dam Bridge photo + video 40.8278, -73.9336 caitlin continues
11:24	66	72	88	9	WSW		High Bridge to look strong. 40.8429, -73.9305
11:25	66	72	88	9	WSW		✓(2) Alexander Hamilton Bridge 40.8442, -73.9296
							Pace continues to be strong

OBSERVER NAME

Michael Duass

OBSERVER SIGNATURE

Michael Duass

Observer Log

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NAME OF SWIM Swim around Manhattan

LOCATION _____

START POINT	START DATE	START TIME
	July 14 2026	
FINISH POINT	FINISH DATE	FINISH TIME

SWIMMER NAME Caitlin Kappel
 SWIMMER DOB 11/21/83
 RULES FOLLOWED marathon swim
unassisted

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Time	Stroke Rate per minute	Water Temp °F or °C	Air Temp °F or °C	Wind Speed kts mph kph Bf	Wind Direction cardinal or °	Feeding duration in min	Notes Brief description of the swimmer's physical and mental state or brief description of the nutrition or feeding
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11:29							Washington Bridge 40.8470, -73.9280
11:54	68	72	89	8	W		university Heights Bridge photo+video 40.8630, -73.9149
12:05p	68	73	90	8	W	②	Brooklyn Bridge caitlin looks good 40.8729, -73.9103 pace is steady
12:20							Spuyten Duyvil Spuyten Duyvil Bridge Hudson River - kayakers switch
12:54	67	73	93	9	W	②	George Washington Bridge photo+video 1:27pm 40.8550, -73.9462 slower in chop
1:24	68	73	92	8	WSW	②	155th street ↓ wind increasing causing chop 40.8355, -73.9587
1:45	66	73	94	10	WSW	②	125th street - more wind + choppy 40.8162, -73.9685 - mood okay Caitlin is slowing slightly

OBSERVER NAME Michael Dewass

OBSERVER SIGNATURE Michael Dewass

Observer Log

NAME OF SWIMMER

LOCATION



START POINT	START DATE	START TIME
Pier A	July 14, 2026	7:59 AM

SWIMMER NAME Caitlin Kappel
SWIMMER DOB 11/29/83

FINISH POINT	FINISH DATE	FINISH TIME
Pier A	July 14, 2026	3:33 PM

RULES FOLLOWED Marathon Swim
7:39:10 unassisted

Time	Stroke Rate per minute	Water Temp °F or °C	Air Temp °F or °C	Wind Speed kts mph kph Bf	Wind Direction cardinal or °	Feeding duration in min	Notes Brief description of the swimmer's physical and mental state or brief description of the nutrition or feeding
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1:54	64	73	94	10	WSW	✓	108th street photo+video wind increase
							40.9063, -73.9745 choppy conditions
2:14						✓	80th street Caitlin pace is slowing
							40.7875, -73.9883 both her mood is good.
2:24	64	73	94	11	WSW		65th street photo+video
							40.7799, -73.9957 choppy waves
2:48	62						Caitlin periodically stopping Right shoulder bothering her
2:54	60	73	95	11	W	✓	Chelsea Pier, 17th street photo+video
							40.7448, -74.0176 very choppy
3:24	78	73	94	12	WSW		North Cove Caitlin trying to manage waves
							40.7149, -74.0184
3:53							7:39:10 Pier A - Finish

OBSERVER NAME

Michael Dwass

OBSERVER SIGNATURE

Michael Dwass